

Welcome to Forum Spa!

We know that you have a choice in where you go to receive quality day spa services. We are pleased that you chose Forum Spa. If there is anything that you need or would like to see provided, contact the Director or any of the Staff. We are here to service your day spa needs, whatever they may be.

Our Goal

It is our intent to create a state of the art day spa that relaxes the mind, pampers the body and rejuvenates the spirit reflective of our paramount goal of providing outstanding customer service

Appointments

To make an appointment, please call our spa during business hours at 843-661-3801. A major credit card is required to hold your reservation. To ensure availability, we suggest you reserve appointments in advance.

Reservations will be entered into the booking calendar and confirmation will be made 24 to 48 hours before the service, either by email or telephone. When reservations are made in person, an Appointment Card will be filled out and provided to you for your convenience. We ask that you arrive 20 minutes prior your appointment to check in at the front desk, receive our signature mineral salt footbath, and to begin your service on time. We make every effort to accommodate last minute appointments when possible.

Gift Certificates

Gift Certificates are available in any amount and can be purchased by phone or at the spa. Gift certificates can be redeemed towards any service and or merchandise. We are not responsible for lost, stolen, damaged, or misplaced certificates. Cash value of purchased gift certificates for treatments or packages are subject to change after one year of issue.

Refunds, Credit or Exchange Policy

Except for replacing damaged product, we do not offer refunds, exchanges, or credits on spa services, gift certificates, package series or retail products. All sales are final.

Cancellations

Cancellation for services must be made 12 hours in advance of the scheduled service time. Your credit card will be charged the full amount of scheduled services if you fail to cancel before the 12-hour period.

No Show

Forum Spa will make any reasonable effort to contact you in the event you do not show for your appointment. Clients who do not show for their scheduled appointment without direct communication with the Spa will be charged the full amount of the service scheduled.

Spa Parties

Spa Parties require a 50% non-refundable payment for services to book. The balance will be payable on the date of service. Gratuities (usually 18%) for Spa Parties are calculated on the pre-discounted price and will be added to the final bill.

With all services, begin your journey of pampering and pure relaxation with our signature Spa Ritual™ Mineral Salt and Warm Stone Bath, Heated Herbal Neck Wrap and our complimentary spa refreshments. If these are not offered or provided, please see the Director.

Hours of Operation

10:00 AM – 8:00 PM Monday – Saturday

Address

**120 E. Elm Street
Florence, SC 29506
843-661-3801**

Prices and packages are subject to change.



Ala Carte Services

Massage and Skin Care

Full Body Massage

Including Swedish, Deep Tissue Sculpting, Sports massage, Neuro-Muscular Therapy, and combinations thereof. Modalities used will depend upon the session goals, which will be discussed with you before your massage. Our 30-minute session is designed for the head, neck, shoulders and back only.

\$55 – 30 min

\$80 – 50 min

\$110 – 80 min

Couples Massage

Relax together in our exclusive couples room while receiving a massage designed especially for each of you.

\$180 – 50 min

\$210 – 80 min

Reflexology

Based on the belief that there are reflex points in the feet that correspond to specific parts of the body. Activation of these points can provide relief and relaxation. This modality is integrated as part of our standard 50 or 80 minute full body massage sessions.

\$100 – 70 min

\$130 – 100 min

Warm Stone Therapy

Heated, smooth river rocks are used as massage tools to provide deep, penetrating heat to specific locations on the body.

\$100 – 50 min

\$120 – 80 min

Aromatherapy

Pure essential oils are used to aid the relaxation and therapeutic process.

Custom blends are available.

Add \$20

Exfoliating Body Scrub

Customized with aromatherapy essential oils to smooth skin, relax stressed muscles and restore vital nutrients.

\$80 – 1 hour

Herbal Wrap

Provides therapeutic and cosmetic benefits by cleansing the body of toxins and reducing inches. Body wraps are great for anyone who wants to improve, tone and tighten the look and texture of their skin, including people with loose skin from weight loss or pregnancy. Also those who experience joint pain and inflammation will benefit from the therapeutic effects of body wraps.

\$110 – 1 ¼ hours

Sugar Scrub

Turbinado sugar, massage oil and an essential oil of your choice is applied to exfoliate and rejuvenate your skin, followed by a quick Swedish massage to revitalize and invigorate. Sweet!

\$95 – 1 hour

Fresh Start Facial

It's never too late to start taking proper care of your skin. This treatment is offered for a first time facial client to receive a customized basic facial while being educated on the importance of proper skin care based on their needs. Facial includes an esthetician recommended, custom Dermalogica™ starter kit.

\$75 - 30 min

Custom Dermalogica™ Facial

Our skilled Estheticians will provide a personalized facial experience based upon your skin care needs.

80 – 50 min

Age Intervention Facial

This facial intervention provides immediate anti-aging results using the Dermalogica™ Age Smart™ specialty line of products beginning with the resurfacing of the face, neck, and decollatae and ending with the perfect combination of serums and creams to guarantee firmed, hydrated skin.

\$125 – 50 min

Sinus Relief Facial

Rejuvenates and facilitates sinus decongestion. An ideal treatment for seasonal allergies and frequent sinus infections.

\$95 – 1 hour

Alpha and Beta Hydroxy Retinol Peel

Smooths fine lines, improves the appearance of sun-damaged skin and benefits acneic and mature skin.

\$95 – 50 min

Clayton Shagal™ Signature Facial

A specialized collagen and elastin therapy facial given with the Clayton Shagal™ signature anti-aging line. Ideal for mature skin.

\$100 – 1 ¼ hours

Environmental Control Therapy

A safe, effective treatment designed for the most sensitive, easily irritated skin type. Includes high frequency.

\$90 - 50 min

Medicated Clearing Skin Treatment- Provides a clear, clean glow for acenic skin of any age. Includes high frequency.

\$90 - 50 min

Rich Hydration Facial

This skin care treatment is most beneficial for severely dehydrated, mature skin by “spoiling” your face and neck of pure hydration with a pure freeze dried collagen masque followed by customized serums and creams.. It is the most recommended facial to have the day of a big evening event.

\$100 – 1 hour

Prenatal Skin-Brightening Facial

This skin care treatment guarantees results by balancing areas of uneven, hyper-pigmented skin caused by hormonal imbalances, UV exposure, and pregnancy by regulating melanin production.

\$80 – 30 min \$125 – 1 Hour

Relaxing Scalp Therapy	\$35
Lash/Brow Tint	\$30
Multivitamin Collagen Hand or Foot Therapy	\$25
Green Tea and Peppermint Calming Foot Treatment	\$25
High Frequency Therapy	Beginning at \$ 5
Make Up Application	Per Consultation
All About Eyes Eye Treatment	\$35
Pucker Me Up Lip Treatment	\$20
Refining Lip and Eye Duo Treatment	\$50
Decollatae Masque	\$15

Skincare and Waxing Specifically for Men

Glutatial

Deep cleansing of the **often-neglected glutial skin** that removes blemishes completed with an application of hydration.

\$50 - 30 min

Back Cleansing

Purifying treatment of the entire surface of the back. This **hard to reach area** will be relaxed and restored as your pores are cleaned and rehydrated.

\$70 - 45 min

Men's Deep Skin Cleansing

A skin care treatment specially designed for all gentlemen. Includes deep cleansing of the face and neck for a **handsome**, healthy glow.

\$90 - 1 Hour

Waxing

Quarterback Sneak – For removal of small, scattered patches	\$30
Halfback Option – From neck to mid-back	\$45
Fullback Plunge – From neck to waste.	\$60
Tight End Sweep –Glutes	\$60
Between the Numbers – Chest and Abs	\$65

Manicure and Pedicure

Classic Manicure

Allow us to keep your hands beautiful. We will trim nails and cuticles, exfoliate, apply a hot towel massage to your hands and finish with your choice of OPI™ or SpaRitual™ polish.
\$30 – 30 min

Luxor Manicure

Our classic manicure including a Blackberry palm massage and paraffin dip
\$45 - 45 minutes

Mini Pedicure

Includes a warm foot soak with nail and cuticle attention and your choice of OPI™ or SpaRitual™ polish.
\$30 – 30 min

Basic Pedicure

Same as our Mini-Pedicure plus foot filing, hot towel application, foot massage and choice of OPI™ or SpaRitual™ polish.
\$50 – 45 min

Luxor Pedicure

Put your best foot forward with our Luxor Pedicure. This treatment consists of a Pomegranate soak, followed by exfoliation, callus removal, foot masque, massage, nail and cuticle attention, and paraffin dip. Includes your choice of OPI™ or SpaRitual™ polish.
\$75 - 75 minutes

Paraffin Dip

A perfect combination of aromatherapy and detoxification. Helps soothe and heal dry, damaged skin. This treatment will calm and moisturize dry skin, leaving it refreshed and energized.
\$30 – 25 min

Trier Treatment (French Enhancement) For that classic look!	\$15 – 10 min
Polish Change	\$15 - 20 min
Acrylic Nails – Full Set	\$50 – 1 hour
Pink and White Acrylic	\$75 – 90 min
Acrylic Fill	\$25 – 35 min
Acrylic Back Fill	\$40 - 1 hour
Basic Pink and White Fill	\$30 – 45 min

Waxing

Chin or Lip	\$15
Chin and Lip	\$25
Eyebrow	\$20
Cheek	\$30
Full Face (cheeks, lips, brow, and chin)	\$50
Neck (Front or Back)	\$30
Underarm	\$30
Half Arm	\$45
Full Arm	\$55
Tummy	\$30
Half Leg	\$50
Full Leg	\$75
Bikini	\$45
Full Leg w/ Bikini	\$110
Thong	\$55
Brazilian (with consultation)	\$75

Spa Packages from Forum Spa

Pompeii Escape

This package offers complete pampering for any individual and is just the ideal set of treatments to help you dig out of the stresses of your day. For men, it begins with an invigorating 50- minute Sports massage, a specialized back cleansing and an aromatherapy paraffin dip for the hands and feet. For women, a gentle 50-minute Swedish massage, a custom facial followed by a classic manicure and basic pedicure.
Men \$180 - 2 hours
Women \$250 - 3 hours

Gladiator

This is a special package designed for men, but will cater to the warrior in all of us. It begins with an invigorating 50-minute Sports massage followed by a full back cleansing, Glutatial, herbal body wrap, and a Blackberry palm massage with paraffin dip. This will prepare you for yet another round in the ring.
\$335 – 3 ½ hours

Antony and Cleopatra

A package for lovers. Imagine a luxurious 80-minute hot towel massage for both of you in our exclusive couples room. Afterward, ‘Antony’ will receive a full back cleansing, Blackberry palm massage and a Pomegranate pedicure. Meanwhile, ‘Cleopatra’ will receive a standard microdermabrasion* treatment, a milk and honey pedicure, classic manicure and an aromatherapy paraffin dip. Your treatments will be followed by dinner for two** at a local bistro. It’s better than a night on the Nile.

*When available. Alpha and Beta Hydroxy Retinol Peel can replace

Microdermabrasion

**Subject to availability

Antony	320.00 - 4 hours	Cleopatra	360.00 - 4 hours
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Total Package Price (including dinner) \$755
Antony and Cleopatra may be purchased separately.

Apollo

For men only, designed to bring out the 'kouros' or young man in you. It all begins with an 80-minute Sports massage followed by a deep cleansing facial, deep back cleansing, Glutathione, Blackberry palm massage and an aromatherapy paraffin dip for the hands and feet.

\$365 – 4 ½ hours

Artemis

For women only, designed to bring out the huntress in every woman. Beginning with an 80-minute warm stone massage, this treatment continues with an herbal body wrap, age intervention facial, hair masque, waxing of the legs, underarm and bikini areas ending with the appealing touch of a Luxor manicure and pedicure. Lunch included.

\$665 – 7 ½ hours

Venus, Goddess of Beauty

Become the Goddess on the Mountaintop. Allow us to transform you into a goddess from head-to-toe with Forum Spa's transcendent combination of treatments beginning with a 50-minute Aromatherapy Massage and herbal body wrap. Then, you will receive a *microdermabrasion treatment, eyelash tint, waxing of legs, bikini, and eyebrow, hair masque. Finally, we will complete your transformation with a Luxor pedicure and manicure. Lunch included.

\$670 - 7 hours

*Consult our Esthetician about including a makeup application into your treatment.

Juno, Goddess of Childbirth.

This complete pampering is designed especially for expectant mothers. You begin with a gentle 50-minute pre-natal massage. Next you will receive our prenatal facial followed by a basic pedicure, Luxor manicure with paraffin dip and sea salt scrub and Trier Treatment nail enhancements.

(Women who are in their first trimester are encouraged to wait until their second trimester to receive this package.)

\$285 - 3 hours

Juturna, Goddess of Wells and Springs

This package begins with an aromatherapy sugar or salt scrub, 30 minute Swedish massage, herbal body wrap, Clayton-Shagal facial, hair masque, and a whirlpool foot soak with stones.

\$405 – 4 ½ hours

The Senator

For a clear mind, toned body and vibrant spirit. It all begins with an 80-minute hot towel massage followed by an herbal body wrap. Next you will receive a specially designed custom facial using our Clayton-Shagal skin care line and a Pomegranate pedicure and a paraffin dip for your hands.

\$360 - 4 hours

Matronae

Important Ladies

A day together for mother and daughter, sister and sister, or friend and friend. Your day together begins with an 80-minute couples massage in our exclusive couples room followed by separately alternated sugar scrub and custom facial. Next, you both meet back together for the perfect ending with a Luxor

Manicure and Pedicure.

Price per person.

\$385 - 5 hours